

# Answering the Call to Prayer

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## Stewardship 2016 Prayer Opportunities

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Jesus has taught us how to pray and when to pray by His own example. Like Him we pray as individuals, as family, as members of a local faith community and universal Church. We respond to the command of Christ and the call of the Church to pray.

**The Prayer Commitment weekend is February 20 and 21, 2016.** Our parish continues to renew and strengthen our prayer life as Catholics. Prayer is a serious responsibility for each one of us. Hold on to this flyer to continue to reflect on your prayer opportunities throughout 2016. Thank you for reflecting on your prayer life.

Through your prayer commitment, you become a minister of prayer in our Parish.

We will again hold a **Prayer event** this Lent, called **Surrender Adoration**, on Mon., March 7<sup>th</sup>, 2016. Please mark your calendars and be sure to attend!

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### INDIVIDUAL PRAYER

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- Turn off the radio and pray when you are driving in your car
- Pray the rosary daily or weekly
- Start your day with morning prayer
- Read the bible
- Reconcile yourself with God in prayer
- Take a walk regularly and invite Jesus to walk with you and converse; praise God for all the beauty of nature
- Read spiritual literature
- When you hear a siren, offer a prayer
- End the day with a prayer
- Pray for all people involved in natural disasters
- Pray for the people in the military
- Pray for those running our country
- Pray for leaders of our church
- Light a candle for those in the hospital

- Ask God for the strength to help others in need
- When unable to sleep, pray to God for inner peace

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### FAMILY PRAYER

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- Pray at mealtime
- Pray bedtime prayers with children
- Pray at family gatherings
- Light the baptismal candle on birthdays
- Say the rosary
- Pray for safety of all travelers at the start of a journey
- Pray for special family needs
- Visit the Prayer Garden at St. Dominic after Mass on Sunday
- Visit deceased family members at the cemetery
- Attend weekend Mass as a family

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### COMMUNITY PRAYER

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- First Friday Benediction
- Attend Mass one extra day each week

- Recite the rosary at Mass in May and October
- Participate in the Stations of the Cross during Lent
- Attend Mass on Sundays and Holy Days
- Join the prayer group
- Become involved in small Christian community
- Volunteer for Adoration of the Blessed Sacrament
- Prayerful support of all the local parish, diocesan, and world goals for the Christian community
- Make a retreat

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### PRAYERS FOR CHURCH

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- Prayers for St. Dominic Church
- Prayers for the Catholic Church, the Holy Father and other Church leaders
- Prayers for religious and lay vocations
- Prayers for all Priests and Seminarians